

- 1. Forgetting to have fun.
- 2. Taking too little care of yourself.
- 3. Not turning failure into learning opportunities.
- 4. Being inflexible.
- 5. Overscheduling-trying to do too much.
- 6. Under scheduling-not doing enough.
- 7. Not speaking your mother tongue with your children but the family language.



- 8. Unrealistic expectations.
- 9. Skipping breaks to shorten the day.
- 10. Becoming married to your curriculum.
- 11. Doing it alone.
- 12. Supermom Syndrome-wearing too many hats.
- 13. Putting the role of teacher before the role of mother.
- 14. Ignoring the input and interests of your children.



- 15. Fear that your kids will not be admitted to schools, colleges, universities.
- 16. Fear of the internet.
- 17. Not recognizing how your child learns best.
- 18. Fear of kids that are unable to socialize.
- 19. Comparing your child to other children.
- 20. Comparing your family to other families.



- 21. Re-creating school at home.
- 22. Forgetting your toddlers and pre-schoolers, neglecting other family members.
- 23. Pushing your kids too early.
- 24. Not celebration the small victories.
- 25. Letting the schedule take over.
- 26. Disorganized schoolroom.